

## **Birthing Kit**

Value: \$ 8.00 per kit

### **1 small bar soap**

1 oz. to 2 oz. size  
do not remove from original packaging  
small bars such as those found in hotels are acceptable

### **1 pair latex, surgical or thin rubber gloves**

gloves are not required to be sterile  
no kitchen or thick rubber work gloves

### **1 square yard of clear plastic sheeting**

must be 4 mil thick  
plastic trash bags and shower curtains are not acceptable

### **3 - 12 inch long pieces of cotton string**

must be clean  
secure the pieces of string by bundling and tying them together  
no yarn please

### **1 single edge razor blade**

must be covered in paper or cardboard to keep it from causing injury  
regular shaving razors are not acceptable

### **2 receiving blankets**

30"x 30" or 32"x 32" size  
no thermal or fleece blankets please

### **1 plastic bag**

one gallon size sealable bags only

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### **Assembly Directions**

Fold the plastic sheeting and blankets so they will fit easily into the plastic bag. Lay the loose items on top of the blankets and plastic sheeting. Slide all items into the plastic bag. Squeeze as much air out of the bag and then seal it.

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### **Important Notes**

- All items must be new.
- Do not wash any of the items as they will be considered used.
- All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items – nothing more.
- DO NOT include any personal notes, money or additional material in the kits. These things must be painstakingly removed and will delay the shipment.

## Packing Kits

- **Box Weight.** Each packed box cannot exceed 66 pounds.

## Shipping Kits

1. Complete 2 packing lists-one for your records and one to put on the shipping box.
2. Paste the shipping label / packing list on the outside of each box you send. The shipping list helps the depot to quickly process kits.
3. **Processing & Shipping Costs:** Please enclose an envelope containing at least \$1 for each kit you send. This donation enables kits to be sent to areas in need. For Cleaning Buckets: \$1.50.